

Since 2019, **Red Songbird Foundation** (RSF) has awarded almost \$2,000,000 in treatment scholarships and thousands of hours of therapy, to individuals struggling with Trauma, Substance Abuse, Depression, Suicidal Ideations, and Grief.

Nearly half of American adults will have a mental health crisis at some point in his or her lifetime. Approximately one quarter of American adults battle alcohol or substance use disorders. The statistics are astounding, and they have only gotten worse over time.



RSF uses evidence-based research and aligns with cutting-edge organizations to make the greatest impact in Mental Health. We partner with top treatment facilities and offer individuals who are struggling the best care possible.

ABOUT US

The **Red Songbird Foundation** was founded in 2009 by Billboard-charting singer Hilary Roberts, who has been sober from drugs and alcohol since 1997.

The non-profit organization celebrated its public launch in May 2019. Shortly after, Hilary joined forces with “The Hills” star Jason Wahler with the goal of bringing the foundation to a broader audience. Jason has been active in the field of recovery since 2010.

Together they aim to help people heal from the darkness of their past. By providing education, outreach, resources, and treatment scholarships, Hilary and Jason have made it their mission to raise awareness and save as many lives as possible, through their work.



- *RSF is a safe and trusted resource for help with Trauma, Mental Health and Substance Abuse*
- *RSF is not financially tied to any treatment center. We only partner with facilities that put mission over margin*
- *RSF has helped reduce mental health and substance abuse stigma, and increase the awareness of mental wellness and community well-being*

