

Mental Health Summit

Presented by [Tim Storey](#) and [The Red Songbird Foundation](#)



CONTACT

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PREPARED

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The Maria Group

About

The **Red Songbird Foundation** was founded in 2009 to help those less fortunate obtain the care they need for trauma, mental health, and alcoholism or substance abuse. Given the state of our world amid the global pandemic, Red Songbird Foundation is being called into action to expand our mission and offer much needed support to those impacted during this difficult time.

On October 24, 2020 we will host our first ever virtual Mental Health Summit to openly explore and further destigmatize the complex face of trauma and the importance of mental health. Speakers and interviews will focus on the pandemic and racial tension, and the mental health challenges that both issues are bringing up. The panel will include experts and influential people who provide insight and reflection, with an ultimate goal to uplift and guide us all through these trying times. We invite you to join us.

Our Speakers

Dr. Amy Van Slambrook

Brent Bolthouse

Dr. Colleen Hawthorne

Dr. Daniel Headrick

Dylan McDermott

Jack Osbourne

Kerri Kasem

Randy Jackson

Dr. Sarah Williams

Dr. Sharon Burnett



Full list of speakers and bios start on page 11

What it is

The Red Songbird Foundation Mental Health Summit will be hosted entirely online as a live panel, with speakers discussing important topics and tools surrounding mental health during our global crisis. The event will run from 9am - 11am PST, and attendees are invited to join via Zoom and online social media channels.

The total impressions of this event are projected to reach over 32 million across our speakers' social networks for an estimated average of 30 days.

Join Us

How You Can Join Us and Impact The Lives of Millions

Alongside the immediate and personal impact our speakers will have on our live audience, our secondary avenue for impact is to raise \$125,000 in sponsorship from this event to support our continuing efforts to empower our community with education, care, and insight around the subjects of trauma, mental health and alcoholism/substance abuse, so those suffering don't feel alone and can have an opportunity to thrive.

The Red Songbird Foundation Mental Health Summit is the perfect event to position your brand at the intersection of mental health and corporate social responsibility. As a 501(c)(3) non-profit organization, all contributions made to Red Songbird Foundation are tax-deductible and you and/or your organization's involvement will enjoy strategic visibility across a massive collective audience:

SPEAKERS' COLLECTIVE GUARANTEED AUDIENCE REACH:

32 MILLION

MEDIA REACH FROM OUR MOST RECENT RED SONGBIRD CAMPAIGN

#GiveGriefAChance:

MSN.COM — **841.94** MILLION

TMZ.COM — **58.08** MILLION

APNEWS.COM — **40.01** MILLION

NEWSBREAK.COM — **38.43** MILLION

PAGESIX.COM.COM — **29.53** MILLION

Sponsor Benefits

Align your brand with COVID relief alongside a handful of our country's leading mental health experts and household names;

Reach diverse audiences across the United States via 32 million+ impressions;

Achieve unique brand visibility amongst influencers, social innovators, community leaders, and consumers.

Presenting Sponsor

One Available

Official status as the Presenting Sponsor of the 2020 Red Songbird Foundation Mental Health Summit

Red Songbird Foundation Mental Health Summit powered by "Your Company" visible with logo on all marketing collateral (ads, email blasts, invitation, etc.);

Recognition as the Presenting Sponsor in all Red Songbird Foundation Mental Health Summit press releases;

Year-long logo placement on the Red Songbird Foundation website (~1 Million views annually);

Company spotlight on all Red Songbird Foundation social networks;
Tax-deductible contributions.

YOUR TAX-DEDUCTIBLE CONTRIBUTION
\$50,000

Gold Sponsor

Two Available

Official status as the Gold Sponsor of the 2020 Red Songbird Foundation Mental Health Summit

Company mention and logo on all marketing collateral (ads, email blasts, invitations, etc.);

Recognition as the Gold Sponsor in all Red Songbird Foundation
Mental Health Summit press releases;

2020 logo placement on the Red Songbird Foundation website (~250k views quarterly);

Company mention on all Red Songbird Foundation social networks;
Tax-deductible contributions.

YOUR TAX-DEDUCTIBLE CONTRIBUTION
\$25,000

Silver Sponsor

Two Available

Official status as the Silver Sponsor of the 2020 Red Songbird Foundation Mental Health Summit

Company mention on all marketing collateral (ads, email blasts, invitations, etc.);

Recognition as the Silver Sponsor in all Red Songbird Foundation
Mental Health Summit press releases;

October 2020 logo placement on the Red Songbird Foundation website (Over 50k views monthly);

Company mention on all Red Songbird Foundation social networks;
Tax-deductible contributions.

YOUR TAX-DEDUCTIBLE CONTRIBUTION
\$10,000

Bronze Sponsor

Two Available

Official status as the Bronze Sponsor of the 2020 Red Songbird Foundation Mental Health Summit

Company mention on all marketing collateral (ads, email blasts, invitations, etc.);

Recognition as the bronze Sponsor in all Red Songbird Mental Health Summit press releases;

Company mention via event announcement on social media.

Tax-deductible contributions.

YOUR TAX-DEDUCTIBLE CONTRIBUTION

\$5,000

Sponsorship opportunities range from \$5,000 - \$50,000.
Please contact us for in-kind contributions for Red Songbird Foundation.

Meet Our Event Speakers

Hilary Roberts, Jason Wahler and Tim Storey will be hosting the mental health forum to help people deal with the global crisis and support them during this difficult time.

Speakers and interviews will focus on the pandemic and racial tension, and the mental health challenges that both issues are bringing up.

The panel will include the following experts and influential people who provide insight and hope that will uplift and guide us through these trying times.

Our Host / Speaker



Billboard #1 Charting Recording Artist and philanthropist, **Hilary Roberts**, is a survivor of abuse and trauma. With the love and support of some close friends, Hilary was connected to help and eventually given the tools to live joyously and explore a music career, which ultimately saved her life.

Thanks to her friends and the treatment she received, Hilary has been sober from drugs and alcohol since 1997 and now dedicates her life to giving back the amazing gift of recovery that she was given. She started The Red Songbird Foundation in 2009, which aims to help survivors of trauma caused by sexual, physical, and verbal abuse, and individuals struggling with substance use disorders, by providing education, outreach, resources and treatment scholarships.

In May 2019, Hilary partnered with Actor/TV personality and philanthropist, Jason Wahler, who has been active in the field of recovery since 2010. Together, they aim to help people heal from the darkness of their past.

Our Host / Speaker



Jason Wahler is a Host, Actor, TV personality, and philanthropist who appeared on hit shows like MTV'S Laguna Beach, The Hills, and Celebrity Rap Superstar. After years of publicly battling with addiction, he appeared on Dr. Drew's Celebrity Rehab. Since getting sober, Jason has dedicated his life to raising awareness towards addiction and hopes to one day change the public's negative perception on this deadly disease.

Jason's exposure within the recovery community nationwide has been primed by partnering with key advocates including renowned MD, Dr. Daniel Headrick, a distinguished fellow of the American Society of Addiction Medicine; "Dr. Drew" Pinsky; and, Tim Storey, acclaimed author, speaker and life coach. Jason also serves on the boards of the Los Angeles Mission and the Brent Shapiro Foundation.

In May 2019, Jason partnered with Billboard charting singer/songwriter and founder of The Red Songbird Foundation, Hilary Roberts, with the goal of bringing the foundation to a broader audience.

Our Host / Speaker



Tim Storey is an acclaimed author, speaker, and life coach helping people create the future they desire. He has inspired people from all walks of life, from entertainment legends to professional athletes... from executives to deprived children throughout the world. Using seasoned foundational principles and humor to get honest with people so they can overcome the obstacles that are holding them back. Tim has traveled to seventy-five countries and spoken to millions of people. He often meets privately to counsel high-profile leaders in various industries.

Tim has partnered with phenomenal organizations to spread love and hope. Spending time with the Fred Jordan Mission in Los Angeles' Skid Row, Music Unites Day in Los Angeles' Compton schools, and Kid's Haven orphanage in Johannesburg, South Africa.

Tim is featured on nationally syndicated Keep the Faith Radio each weekend, providing short inspirational moments and is featured on Steve Harvey TV Facebook LIVE weekly. He was a featured guest on Oprah's SuperSoul Sunday, Steve Harvey TV, Grant Cardone's 10X Growth Con, and many more. Tim has authored multiple books, with the most recent, *Comeback & Beyond*, being a top seller on Amazon.

Tim has two adult children from his previous marriage and lives in Southern California.

Our Speakers



Amy Van Slambrook, MA, LMHC, CELC is a passionate psychotherapist, certified life and workplace coach, experienced consultant, writer, and growing entrepreneur whose calling is to help others, especially women, heal and gain the power from their past.

Dr. Van Slambrook overcame a traumatic past through the best training ground available and today, she has specialized experience and training in addressing the emotional health of women, relationships and recovering from trauma.



Brent Bolthouse is an American entrepreneur, event producer, DJ, photographer, and founder of The Bungalow Hospitality Group. Brent got sober when he was 16 years old, and has been sober for 33 years. He attributes his success in his career and life to sobriety. Brent is trying to save The Log Cabin, a Los Angeles institution and community staple that serves as a safe space for recovery groups.



Colleen Hawthorne, MD consults with and coaches the leaders, visionaries, and high achievers who shape our world every day. They belong to an elite fraternity. And to the rest of the world, they seem to have everything under control. Her groundbreaking philosophy is tailored for bold achievers... C-Suite executives, professional athletes, high-profile entertainers and entrepreneurs – they all share the same praise for Dr. Hawthorne. She has earned her reputation as The Vibrant C-Suite M.D.

Dr. Hawthorne has a Doctorate in Medicine from Tulane University School of Medicine, and she was the past attending Psychiatrist/Team leader at Walter Reed National Military Medical Center, the past attending Physician & Assistant Professor of Psychiatry at Emory University Hospital and School of Medicine, and the past Pilot Physician at The Court Urgent Care Clinic - The District of Columbia Superior Court.

Dr. Hawthorne has 25+ years of experience as a physician. She is a best selling author, and Founder & CEO of A Renewed Mind Behavioral Health, LLC and of Vibrant C-Suite, LLC.



With over 30 years of experience, **Daniel J. Headrick, MD** is a leading family medicine and addiction specialist. He opened Headrick Medical Center in San Juan Capistrano, California, to provide attentive, patient-focused care to the communities in the area. He devotes much of his time to his patients, helping them transition into treatment and recovery.

Dr. Headrick earned his medical degree at the University of California, Los Angeles (UCLA) medical school. He went on to complete post-graduate certification in addiction medicine from the American Society of Addiction Medicine. Dr. Headrick has extensive experience in addiction medicine and health care management. He served as the Medical Director at the Mission Beach Hospital in Laguna Beach, California, for eight years. He was also the Medical Director of Hoag Hospital Chemical Dependency Center, in Newport Beach, California, for 11 years.

In addition to addiction medicine, Dr. Dan provides a comprehensive range of services designed to help patients improve and enhance their overall health, including IV and NAD infusion therapy.



Dylan McDermott is an American actor. He is best known for his role as lawyer and law firm head Bobby Donnell on the legal drama series *The Practice*, which earned him a Golden Globe Award for Best Performance by an Actor in a Television Series – Drama and a nomination for the Primetime Emmy Award for Outstanding Lead Actor in a Drama Series.

Dylan has overcome serious childhood trauma and a predisposition to substance abuse. Both of his biological parents struggled with addiction. When Dylan was 5 years old he witnessed his mother's death, which unquestionably was traumatic and part of his healing journey. Today, Dylan has found serenity and sobriety. He has been sober for over 35 years and encourages others to seek treatment if they need it.



Kerri Kasem, a multimedia personality, producer and writer, has anchored music, talk and entertainment programs for radio and television. She has been in the business for over 20 years.

In 2014, Kerri started the Kasem Cares Foundation, a non-profit organization established to help family members fight for their rights to have visitation and reasonable access to an ailing parent, especially when under the care and control of an uncooperative spouse or sibling. The Kasem Cares Foundation has successfully passed The Kasem Cares "Visitation Bill" in 12 states to stop elder abuse — CA, TX, IA, UT, LA, VA, AL, WI, IL, AR, MD, and NE with 9 other states adopting a version of the Kasem Cares bill to make it a total of 21 states.

On April 27, 2014, her father Casey Kasem's birthday, she was awarded a Certificate of Congressional Recognition for her foundation's "dedication to fighting elder abuse and protecting the integrity of the family unit through advocacy." On April 23, 2016 at the Kasem Cares Conference on Aging, Assemblyman Mike Gatto gave Kasem Cares the California Assembly Certificate of Recognition. Kasem is also an ambassador for Youth for Human Rights.



Randy Jackson is a music industry veteran and television personality. Before landing his spot as an American Idol judge, Randy spent years as a record producer and an executive with Columbia Records and MCA Records. He is a bassist and has toured with some of the biggest names in music.

Despite Randy's success and celebrity, he, like so many others, has struggled with a lifelong weight problem that led to a life-threatening disease — Type 2 Diabetes. The health scare forced him to make life-altering decisions, and his experience contributed to his desire to help others defeat obesity.



Jack Osbourne is an actor, media personality and advocate for Multiple Sclerosis. The youngest son of Sharon and Ozzy Osbourne, Jack grew up in the spotlight where everything he did was under a microscope and scrutinized. He had a very public battle with addiction and depression but after recognizing how destructive drugs are, Jack checked into a recovery program. Today, Jack is sober over 16 years and faces the good and bad of life with clarity, courage and introspection, allowing him to be present and devoted to his three small children.



Sarah Williams-Tolliver, NCC, LPC, EAS-C

has extensive experience as a mental health counselor. She has a virtual therapy practice, Covenant Way Wellness, and Dr. Williams-Tolliver is highly skilled in helping families, children, couples, individuals and groups move in their desired direction. She is creative, compassionate and committed to offering her clients a Covenant of Hope!

In addition to Dr. Williams-Tolliver's impressive credentials and career, she gives back to her community by helping the homeless, families struggling with domestic violence, and military families in need.



Sharon Burnett, PhD, MFT has been in private practice for over 30 years as a Licensed Marriage and Family Therapist working in the area of trauma and recovery within the family and larger social community. After her doctoral studies at the University of Oregon, she trained under Dr. Elisabeth Kubler-Ross, and continues to lead workshops based on Dr. Kubler-Ross's model of grief, loss and trauma recovery. Dr. Burnett brings this model of trauma recovery to her mediation work with children and their families. She is the Founder and Executive Director of West Valley Counseling Center, a non-profit community based counseling center.

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We hope you'll join us—Thank you!



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